



**Consortium on Asian American Mental Health Training**  
**Presents:**  
**Bipolar Disorder:**  
**Assessment, Treatment, and**  
**Cultural Considerations**

This one day training conference offers mental health professionals, students/trainees, consumers, and family members an opportunity to acquire knowledge and skills in assessing and treating bipolar disorder in different settings. As a result of this training, participants will gain a better understanding of bipolar disorder and apply culturally appropriate approaches to treat Asian American consumers with bipolar disorder. Specifically this conference will provide participants with the following therapeutic skills to enable them to:

- 1) Recognize and distinguish diagnostic criteria for bipolar I & II disorders, cyclothymic disorder, attention deficit/hyperactivity disorder, and disruptive mood dysregulation disorder in adult and in youth
- 2) Identify major factors that contribute to the misdiagnosis of bipolar disorder from other related disorders
- 3) Increase understanding of the controversies regarding the prescription of antidepressants to treat bipolar disorder
- 4) Apply components of family-focused therapy, particularly in relation to early-onset consumers
- 5) Utilize culturally competent therapeutic skills in working with Asian American consumers

Almanson Court Conference Center

700 S. Almanson Street

Alhambra, California 91801

(626) 570-4600

<http://www.almansoncourt.com/>

**From the 10 Freeway, going EAST:**

Merge onto SOUTH GARFIELD AVENUE via Exit 23B toward Alhambra (1.2 miles).

Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).

Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

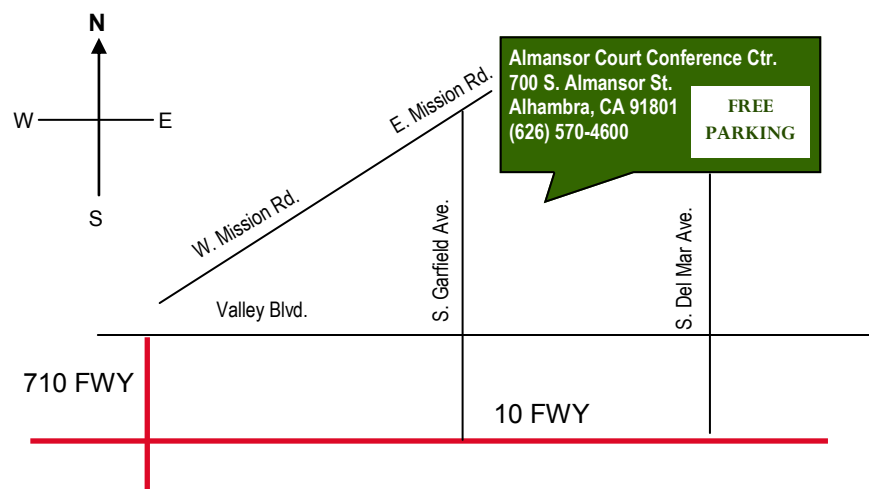
**From the 10 Freeway, going WEST:**

Take the GARFIELD AVENUE exit- EXIT 23B- toward ALHAMBRA (0.1 miles).

Merge onto SOUTH GARFIELD AVE via EXIT 24 toward ALHAMBRA (0.9 miles).

Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).

Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).



Los Angeles County Department of Mental Health  
695 S. Vermont Ave., 15th Floor  
Los Angeles, CA 90005

**Consortium on Asian American**  
**Mental Health Training**  
**Presents:**

**22nd Annual Asian American**  
**Mental Health Training Conference**



**Bipolar Disorder**  
**Assessment, Treatment, and Cultural Considerations**

*Thursday, October 27, 2016*

***Almanson Court***  
***700 S. Almanson Street***  
***Alhambra, CA 91801***

**County of Los Angeles Department of Mental Health**  
**Department of Psychiatry at Harbor-UCLA Medical Center**

Conference Agenda

7:30 - 8:15 am	<b>Registration &amp; Continental Breakfast</b>
8:15 - 8:45 am	<b>Introduction &amp; Overview</b> <b>Freda Cheung, PhD</b> Conference Chair <b>Dennis Murata, MSW</b> Acting Chief Deputy Director County of Los Angeles Department of Mental Health <b>Ira Lesser, MD</b> Chair, Department of Psychiatry Harbor-UCLA Medical Center
8:45 - 10:15 am	<b>Plenary Session I</b> <b>Bipolar Disorder: An Overview of Diagnosis and Treatment</b> <b>Michael Gitlin, MD</b> Professor of Clinical Psychiatry David Geffen School of Medicine at UCLA
10:15 - 10:30 am	<b>Break</b>
10:30 - 12:00 pm	<b>Workshops A, B, C</b>
12:00 - 1:15 pm	<b>Lunch and Networking</b>
1:15 - 2:45 pm	<b>Workshops A, B, C</b>
2:45 - 3:00 pm	<b>Break</b>
3:00 - 4:30 pm	<b>Plenary Session II</b> <b>A Multicultural Therapy Approach to Bipolar Disorder in Asian Americans</b> <b>Stephen Cheung, PsyD</b> Professor, Department of Graduate Psychology Azusa Pacific University (APU)

Plenary Speakers

<b>Michael J. Gitlin, MD</b> is Professor of Clinical Psychiatry at the David Geffen School of Medicine at UCLA. He is currently the Director of the Adult Division in the Department of Psychiatry, Medical Director of the Neuropsychiatric Behavioral Health Services and Director of the Mood Disorders Clinic at the UCLA Neuropsychiatric Hospital. From 1980 until 2004, he was the Medical Director of the Aftercare Clinic, a research clinic in schizophrenia. He is the author of many scientific articles and book chapters as well as four books, including: two editions of a solo authored psychopharmacology textbook written for nonphysician therapists entitled "The Psychotherapist's Guide to Psychopharmacology" published by the Free Press, coauthor of "Psychotropic Drugs and Women" with Dr. Victoria Hendrick, and coauthor of "Clinician's Guide to Bipolar Disorder: Integrating Pharmacology with Psychotherapy", with Dr. David Miklowitz and the coauthor of "The Essential Guide to Lithium Treatment" with Dr. Michael Bauer. He served as Chief of Staff at the Neuropsychiatric Hospital from 1997-1999. Among his awards are: Distinguished Educator Award in Teaching from the UCLA Department of Psychiatry (1999), Outstanding Housestaff Teaching Award, 1994 and 2008, Teacher of the Year from the Psychiatric Times in 2002; Dadone Clinical Teaching award from the Geffen School of Medicine at UCLA in 2010; and the Leonard Tow Humanism in Medicine award from the Geffen School of Medicine at UCLA in 2010.
<b>Stephen Cheung, PsyD</b> is Professor and Director of Family Psychology in the Department of Graduate Psychology at Azusa Pacific University (APU). For over twenty-five years, Dr. Cheung has specialized in family psychology, multicultural psychotherapy, and therapy for mood, anxiety, and eating disorders. He has taught therapy courses such as family therapy and group therapy. Before he began teaching full-time in 2004, Dr. Cheung had been a program director and clinical family psychologist at Asian Pacific Counseling and Treatment Centers (APCTC) in Los Angeles, coordinating and supervising their adult and children programs for twelve years. He taught part-time at California State University at Los Angeles and Pepperdine University, while serving at APCTC. Dr. Cheung has been a founding member of the Consortium on Asian American Mental Health Training in Los Angeles that has provided annual training conferences for mental health professionals for the past twenty-one years. He has, moreover, served in various capacities in Division 43 (Society for Family Psychology) of the American Psychological Association (APA) including Vice President for Education. He received the Distinguished Service to Family Psychology award from APA's Division 43 in 2009. He is a Fellow of the American Psychological Association (APA) and the Asian American Psychological Association (AAPA).

Workshops

<b>A. Cultural Considerations in Diagnosis of Bipolar Disorder</b> <b>Presenter: Descartes Li, MD</b> University of California, San Francisco
<b>B. Bipolar Disorder, DMDD, and ADHD: Diagnostic Controversies in Children</b> <b>Presenter: Brett Sevilla, MD</b> Special Service for Groups Asian Pacific Counseling and Treatment Centers
<b>C. Family-Focused Therapy for Persons with Bipolar Disorder</b> <b>Presenter: Eunice Kim, PhD</b> University of California, San Diego

Conference Planning Committee

<b>Freda K. Cheung, PhD</b> LA Biomed/Consultant	<b>Jae Won Kim, LCSW</b> County of Los Angeles Dept. of Mental Health, Workforce Education and Training
<b>Stephen Cheung, PsyD</b> Azusa Pacific University	<b>Karen Lee, MD</b> County of Los Angeles Dept. of Mental Health, Office of the Medical Director
<b>Scott Hanada, LCSW</b> County of Los Angeles Dept. of Mental Health, Adult System of Care	<b>Ira Lesser, MD</b> Harbor-UCLA Medical Center
<b>George K. Hong, PhD, ABPP</b> Professor Emeritus California State University at Los Angeles	<b>Margaret T. Lin, MD</b> Private Practice
<b>Jason Huang, PhD</b> County of Los Angeles Dept. of Mental Health, Mental Health Court Linkage Program	<b>Lisa Song, LCSW</b> County of Los Angeles Dept. of Mental Health, Workforce Education and Training
<b>Sam Keo, PsyD</b> County of Los Angeles Dept. of Mental Health, Coastal API Family Mental Health Center	<b>Silvia Yan, PhD</b> Special Service for Groups Asian Pacific Counseling and Treatment Centers

CAAMHT Internet Homepage: <http://asianamericanmentalhealth.org>

CAAMHT Facebook page: <http://facebook.com/aamht>

County of Los Angeles Department of Mental Health (LACDMH) is approved as a continuing education provider by the following: California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists California Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0813)
County of Los Angeles Department of Mental Health is approved by the American Psychological Association to offer continuing education for psychologists. County of Los Angeles Department of Mental Health maintains full responsibility for the program and its content.
Each discipline will be eligible to receive 6.0 continuing education credits. (No partial credits will be given)
County of Los Angeles Department of Mental Health is a California Association (CMA) accredited provider. Physicians attending the course may report the individually identified number of hours of Category I Credit™ toward the California Medical Association Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.



<b>FOR QUESTIONS, CONTACT:</b> <b>Lisa Song</b> ( <a href="mailto:lsong@dmh.lacounty.gov">lsong@dmh.lacounty.gov</a> ) or <b>Jae Won Kim</b> ( <a href="mailto:jkim@dmh.lacounty.gov">jkim@dmh.lacounty.gov</a> ) <b>Freda Cheung</b> (626) 458-2700
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<b>Bipolar Disorder: Assessment, Treatment, and Cultural Considerations</b> <i>October 27, 2016</i>								
<div>Registration Information<div>(Please print clearly)</div></div>								
Last Name								
First Name		Middle Initial						
Street Address								
City	Zip							
Phone	Fax							
Email Address (Required for confirmation/denial of training registration)								
Affiliation/Organization								
License Number:	License: <input type="checkbox"/> MD/DO <input type="checkbox"/> PhD/PsyD <input type="checkbox"/> RN <input type="checkbox"/> LCSW <input type="checkbox"/> CME/CE/CEU REQUEST <input type="checkbox"/> LMFT <input type="checkbox"/> LPT <input type="checkbox"/> CAADAC <input type="checkbox"/> Other:_____Specify							
<div>Lunch Preference<div><input type="checkbox"/> Chicken Dijonnaise <input type="checkbox"/> Penne Vegetable Pasta</div></div> <div>Complimentary continental breakfast and lunch</div>								
<div>Registration Fees<div>Space is limited—please register early!</div></div>								
<table><tr><td>Regular</td><td>\$90</td><td>\$110</td></tr><tr><td>ID# Last 4 digits of SSN _____</td><td>AND last 4 digits of Driver's license or ID _____</td><td></td></tr></table>			Regular	\$90	\$110	ID# Last 4 digits of SSN _____	AND last 4 digits of Driver's license or ID _____	
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CalWORKs Supervisor Signature		Supervisor Name (Printed)						
Total Amount Enclosed: \$ _____								
<div>LAC-DMH employees must use DMH Registration form</div>								
<p>Please make all checks payable to <b>LA BioMed</b>. On-Site registration must be paid in full for the amount of \$110 either by check or cash ONLY.</p> <p><b>Mail form and check to:</b> <b>Catherine Bustamante</b> <b>Department of Psychiatry</b> <b>Harbor-UCLA Medical Center, Box 8</b> <b>1000 W. Carson Street</b> <b>Torrance, CA 90509</b></p> <p>Registration confirmation will be emailed on or before October 15th . Refund: Full refund less \$15 administrative fee before 10/15/2016. Requests must be made in writing. No refund after 10/15/16.</p>								